



5K Run/Walk for Down Syndrome

The 5K Run/Walk has three primary goals:

- ◆ to promote acceptance and inclusion of people with Down syndrome;
- ◆ to raise funds locally for education, social and advocacy programs;
- ◆ to enhance the position of the Down syndrome community at local and national levels.

What is Broward Gold Coast Down Syndrome Organization?



Broward Gold Coast Down Syndrome Organization is a non-profit parent support group working to enhance the lives of individuals with Down syndrome. Gold Coast offers a variety of services and supports to families, including newsletters, guest speakers, workshops, scholarships, social events, advocacy, new parent visits, playgroups, teen/youth group and more.



ONLINE

Register Online for 5K Run/Walk at www.accuchiptiming.com

Help us make a difference.

Broward Gold Coast Down Syndrome Org.
10250 NW 53rd Street, Sunrise, FL 33351
954-577-4122 • www.bgcdownsyndrome.org

Special Thanks:

**GENOVESE
JOBLOVE &
BATTISTA
PA
Attorneys at Law**



5K Run/Walk for Down Syndrome



Sunday, March 4, 2012

Registration starts 6:30am

5K Run starts 7:30am

Markham Park

16001 West State Road 84 • Sunrise, FL

954.577.4122

www.bgcdownsyndrome.org

Register Online for 5K Run at
www.accuchiptiming.com



Place

Markham Park

16001 West State Road 84 • Sunrise, FL

Course is 5K certified

Time

Raceday registration: 6:30am

Packet pick-up: 6:30am

5K Run/Walk: 7:30am

Entry Fees (Parking is included)

Early Registration..... \$25 per person
(Through March 3, 2012, 3:00pm)

Raceday Registration \$30 per person

10-18 years..... \$15 per person

Under 9 years.....FREE

Individuals with Down syndromeFREE

Pre-Registration by Mail

Make check payable to: BGCD SO

Mail completed form to:

Lucy Whitson, 530 North Rainbow Drive,
Hollywood, FL 33021

Registration by Mail by February 18, 2012

Online Registration

Register online at www.accuchiptiming.com
through March 3, 2012, 3:00pm.

Contact

For more information, call (954) 830-3302.

Scoring

The 5K Run/Walk will be chip timed. All participants will be issued a timing chip and number on race morning which should be picked up least 30 minutes prior to the start.

Failure to wear a timing chip during the event will disqualify the participant from being scored in the results.

All participants must return their rental timing chip to the volunteers at the finish line or they will be billed \$30.

Awards

Awards will be given to:

- ◆ the top 3 overall male/female runners
- ◆ the top master male/female runners
- ◆ the top 3 male/female runners in
- ◆ the following age group categories: 10-14, 15-19, 20-24, 25-29, 30-34, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.



All contributions are tax deductible as allowed by law.
All registrations are non-refundable.

Registration

Last Name

First Name

Address

City

State

Zip

T-Shirt Size

Small Medium Large XLarge

Pre-Registration

\$25 per person

\$15 per person (10-18 year olds)

Free (9 years old and under)

Free (individuals with Down syndrome)

Additional Donation \$ _____

Make checks payable to BGCD SO.

**Mail to: Lucy Whitson, 530 North Rainbow Drive,
Hollywood, 33021**

Signature of Participant

Signature of Parent or Legal Guardian (if under 18)

Dated

If you are registering a family or multiple individuals for the 5K Walk/Run for Down Syndrome, please note that all participants are agreeing to the following waiver.

*Waiver of liability. In consideration of me and/or my minor child being permitted to participate in the 5K Run/Walk 2012 I hereby for myself, my heirs, and personal representatives assume any and all risks that might be associated with the event. I further waive, a release, discharge and covenant not to sue the Broward Gold Coast Down Syndrome Organization (a.k.a. BGCD SO), and or AccuChipUSA, Inc. it's officers, employees, sponsors, organizers, volunteers, or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child as a result of taking part of the event and any related activities. I also authorize the use by BGCD SO and AccuChipUSA, Inc. of any photo, film, or videotape taken of me and/or my child at the event for any purpose